

Caruurta Naafada ah iyo Xadaynta Cuntada Khaaska u ah

A. Sharciga Baxnaaninta ee la dhaho *Rehabilitation Act* ee sanadka 1973 iyo Sharciga Naafada Maraykanka ee la dhaho *Americans with Disabilities Act*

Qodobka 504 ee hoos yimaad Sharciga Baxnaaninta ee sanadka 1973 ee *Rehabilitation Act of 1973* iyo Qodobka hoos yimaad Sharciga Naafada Maraykanka ee la dhaho *Amendments Act (ADAAA)* ee sanadka 2008, wuxu sheegaya marka la la yidhaah ruux waa naafo in uu noqon karo ruux kasta oo maskaxda ama jidhka ka dhantaallan, taaso ka xanibaysa in ruuxu uu qabsan karo hal ama dhowr kamid ah howalaha nooluhu qabsado iyo habku jidhkiisu u shaqayn laha, waxa kaluu noqon kara ruux haysta qoraal cadeynaya dhantaalnida, ama loo arko in uu yahey ruux dhantaallan.

Hawlaha guud ee nooluhu qabsado wax aka mid ah, oy kamid yihiin an se ku koob neyn, is daryeelka, qabashada hawlaha qacmaha ubaahan, araga, maqalka, cunida, hurdada, socodka, sara-jooga, wax qaadka, foorarsiga, hadalka, neefsa-shada, bara-shada, akhriska, foorj-naanta, fikiraada, xidhiidhinta, iyo shaqaynta. Hawlaha guud ee nooluhu qabsado waxa kalo ka mid ah hawl fulinta guud ee dhamaan xubnaha jidhkaa, sida aan se ku koob neyn, shaqaynta nidaamka difaaca jirka, koritaanka dabeeciga ah ee unugyada, dheefshiidka, saxaarada, kaadi heysta, dareemayaasha, maskaxda, neefsashada, wareegga dhiigga, hormoonada iyo qalabkaa taranka.

Halkan ka fiiri war bixinta ku saabsan Sharciyadaas khadkan <http://www.dol.gov/oasam/regs/statutes/sec504.htm> and <http://www.eeoc.gov/laws/statutes/adaaa.cfm>, respectively.

B. Sharciga Wax Barasho ee dadka naafada ah.

Waxad odhan karta cunug waa naafo maka la raaco qodobka hoos yimaad B oo ka tirsan Sharciga Wax Barasho ee Dadkaa Naafada ah ee la dhaho *Individuals with Disabilities Education Act (IDEA)*. Waxana lagu tilmaama naafo cunugaas kadib marka lagu qiimeeyey sharciga IDEA ee laga arko hal ama dhowr kamid ah sedex iyo toban ka calaamadood ee qeybaha naafadu ukala kacdo, taso cadeyneysa in u ubaahan-yahey wax barashada ugaarka ah naafada iyo adeegyada kale ee loo qabto. Sharciga Wax Barasho ee Dadkaa Naafada ama IDEA waxad ka heli karta halkan <http://nichcy.org/wp-content/uploads/docs/IDEA2004regulations.pdf>.

Wax barashada Shaqsiga ugaarka ah ee la dhaho (IEP) waa bayaan cunug naafa ah loo sameeyey, dib loo eegay lagana fiirsadey si loogu siimo shuruudaha sharciga IDEA iyo xeerar-kiisa hirgaley. Marka loo baahdo adeegyada nafaqada, iyada oo la tix raacayo bayaanka IEP ga ee ardeygu leeyahey, maamulka dugsigu waxey ku dadaalan sidi shaqaalaha cunada u xilsaaran ay hore u ogaan lahaayeen ugana qeyb qaadan lahayeen qaraara'da ku saabsan hadi cuno gaa ah ee loo diyaaranay ardeyga. Kopi ah formka lagu dalbado cunada gar ka ah (waxad ka heleysa xaashida labaad ee dokumentigan) waa in lagu daro faylka ama diwaan ka ardeyga si loo adeegsado hadi loo baahdo in wax laga badalo cunadiisa, xata hadey ku fasilantahey IEP ga.

C. Bayaan ka dhakhtarka ee ku saabsan caruurta naafada ah.

Wazaarada beeraha ee dalkan Maraykan ka ee la dhaho (USDA), xeerarka ay leedahey ee ah 7 CFR Part 15b waxa ay dhigayan in caruurta naafada ah loogu badalo cunada dugsiga ta iyaga ku munaasibka ah. Ilmaha naafada ahi wuxu xaq uleeyahey in cunada loogu badalo ta ku haboon marka uu dhakhtar soo saaro bayaan sidaa dhigaya. Bayaankaa waxa ku jiri kara qaraa-radan

- Cunugu waa naafo;
- Micnaynta sababta keente in nafaanimadu cunooyinka qar ka hor jog-saneyso;
- Naafanimadu sida ee u saameysey hawl fulinta guud ee dhamaan xubnaha jidhkaa ee noolaha; iyo
- Cunada ama cunooyinka ah in laga reebo raashinka cunuga iyo cunada ama cunooyinka ay tahey in loogu badalo.

Foomkan waxa loo adeegsan kara in war bixin dhakhtarka la waydiisto.

Marka dhakhtar la yidhaah wuxu u micneynaya xeerka Gobol Dowladeed ka Wisconsin Qodobkiisa 118.29(1) (e sidan): "Dhakhtar" ama "Practitioner" waa qof ku takhahusey daweynta jidhka, ilkaha, indhaha, qof ah adeege dhakhtar, ama qof aad ubartey kaalkaalinta una qori kara dawo ruux buka, ama dhakhtarka cagaha oo gobolkasta ka shaqeysan kara. Ilaa uu jiro dokumentiga sheegaya in cunugu ubaahan-yahey dhaqaaleen gaar ah oo dhanka cunada ayna soo saxeeheen dhakhtaradaasi, dugsigu ardeyga uuma sameen kara dhaqaaleen hadii laga codsado.

D. Noocyo kale oo baahida cunada gaarka ah

Shaqaalaha u qaabilsan cunada iskuulku waxey si qarsoon u diyaarin karaan cuno ugaar ah caruurta aan nafada aheyn see ann cunin cunada caadiga ah. Dugsigu waa in uu heysto foom buuxsan oo ah weydisashada cunada gaarka ah lana dhaho Dietary Request Form (wuxu ku yaala xaashida labaad ee dokumentigan) Kaaso usoo xaqiijiyey cidwalba oo magaca dhakhtar sidata cadeynayana in ardeygu ubaahan-yahey dhaqaaleen gaar ah oo xaga caafimaadka iyo cunada ba ah. Go'aanadan oo kale waxa loo qaataa shaqsi walba gaar aahanti sidii loo diyaarin laha dhaqaaleen dhanka cunada iyado la tix raacayo xeerka USDA da.

War bixin dheerad ah hadaad ubahato waxad ka heli karta qoraalka u hanuunsan USDA ee la dhaho: Xanaaneynta ubadka Naafada ah ama *Accommodating Children with Special Needs: iyo Qoraalkey u hanuunsan yihin Shaqaalaha Cunada* ood halkan kaheleyso: http://www.fns.usda.gov/cnd/Guidance/special_dietary_needs.pdf.

USDA wuxu yahey bixiye shaqooyinka iyo fursadaha loo siman-yahey.

Foom Weydisashada Cunada Gaarka ah

Akhri xaashida 1 baad kahor inta aanad buuxin foomka.

Magaca Ardeyga

Ardeyga calaamada lagu garto ama PIN/ID Nambor Da'da*

Magaca dugsiga*

Herku marayo*

Fasalka*

*Waxanu codsanayna inaad galiso war bixin oo ku eegan waqtgan aad foomkan buuxi-neyso.

1. Ilmuhi ma qabaa naafo ah qaabku u sheegay qodobka 7 CFR Part qeybta 15naad ee dhigaya dhaqaaleynta? (Iyadu ama isagu ma ka qaba naafo dhanka jidhka ama madaxa, taaso dhimeysa awoodu ku qabsan laha hal ama dhowr muhim u ah fulinta xarakaadkiisa?)

Maya (District yadu iyaga si dhowrsan u doorta hadi codsashada dhaqaaleynta la hirgaliyo iyo in kale.) Fiiri qeybta D, xaashida 1

Haa a) Waa maxey naafadiisu? _____

b) Waa tee dhibta uu weyn ee ka hor jookta fulinta xarakaadka guud? _____

c) Siday naafadu u taabaneysa cuna qaadashada cunuga? _____

2. Adigo mahadsan buuxi qeybaha quseeya cunugaaga.

Allergies and Celiac Disease	Cunadee ama cunooyinkee laga daaya cunuga? Si fiican u fasil..
	Wada sheeg dhamaan cunooyinka ah in laga badalo (ha magacaabin shirkad gaar ah adey suura gal tahey,)

Diabetes Mellitus	Si fiican noogu micnee wax yaalka laga badalayo si ilmaha baahidiisa looga dhaqaaleeyo.
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Texture Modifications	The Cunuga wuxu ubaahan-yaheyin cuntada in:	Cabitaanku waa inuu noqdo:
	<input type="checkbox"/> La ridqo/ la shiido <input type="checkbox"/> La jarjar/aad loo yaaryareeyo <input type="checkbox"/> La goo-gooyey/la leegisiyey in marki ba afka gasho	<input type="checkbox"/> Daadi adag <input type="checkbox"/> Malab adag <input type="checkbox"/> Casiir adag <input type="checkbox"/> Khafiif/ caadi joogta ah

Other	Cunadee amaa cunooyinkee aan lasiin ilmaha? Si fiican u micnee..
	Sheeg cunooyinka loogu badalayo.

3. Wargalin deerad ah:

Saxeexa waalid ka _____	Taariikhda _____
Magaca waalidka (Qoor isago dhan) _____	Nambarka telefonka _____

Hadii naafo laga hadlayo ha la saxeexa hoosta (Fiiri qeybta C, xaashida 1)
Dhakhtarga saxeexisa iyo taariikhdaa
Dhakhtarka magaciisa taytal-kiisa , nambarka telefonka(Qoor isago dhan)

Hadaan naafo laga hadleen ha la saxeexo hoosta (Fiiri qeybta D, xaashida 1)
Qofka ka caafimaadka socda saxeexisa iyo taariikhda
Qofka ka caafimaadka socda taytal-kiisa , nambarka telefonka(Qoor isago dhan)

USDA wuxu yahey bixiye shaqooyinka iyo fursadaha loo siman-yahey

