

Wisconsin Local Wellness Policy Report Card

In accordance with the U.S. Department of Agriculture’s Final Rule: Local School Wellness Policy Implementation under the Healthy, Hunger Free Kids Act of 2010, all School Food Authorities (SFAs) participating in the National School Lunch or School Breakfast Program must complete an assessment of their local wellness policy, at minimum, once every three years. The assessment requirement is designed to result in local school wellness policies that strengthen the ability of SFAs to create a school nutrition environment that promotes students' health, well-being, and ability to learn. The assessment must describe how the language in the SFA's wellness policy compares to the model wellness policy, measure the SFA's compliance with their local wellness policy, and describe the SFA's progress toward meeting their local wellness policy goals.

The Wisconsin Department of Public Instruction – School Nutrition Team has developed the Wisconsin Local Wellness Policy Report Card for SFA use to complete the triennial assessment. This tool is the only comprehensive, free tool available for Wisconsin SFAs at this time. **The Wisconsin Local Wellness Policy Report Card is required to be used by all Wisconsin SFAs in order to fulfill the triennial assessment requirement.**

Completing the Wisconsin Local Wellness Policy Report Card

1. Complete the WellSAT assessment to evaluate how your local wellness policy compares to model policy language. The WellSAT includes 67 policy items considered to be best practices for school wellness. SFAs rate the extent to which their policy contains language related to each policy item. The assessment can be completed electronically or by downloading the [questions](#) and [scorecard](#). To complete the WellSAT electronically (wellsat.org):
 - a. Log-in to the online portal. If you do not have an account, register as a new user.
 - b. Complete the general information section and begin a new assessment.
 - c. Navigate through each policy section and select the rating that best describes the degree to which your policy addresses each statement.

Detailed instructions on completing the WellSAT assessment are available on the [Local Wellness Policy webpage](#)

2. **Complete the Wisconsin Local Wellness Policy Report Card.** The report card is found on the subsequent pages. To complete the report card, navigate through the fillable form fields and enter the indicated information. The form fields are identified as appearing in brackets and with a gray background ({Example Form Field}).
 - a. Enter the SFA name, school year, and contact information.
 - b. Enter SFA wellness policy statements and rate the degree of compliance. Delete any rows within the tables that are not needed.
 - c. Calculate the overall rating by taking the average of all policy statement scores.
 - d. Describe the overall progress made toward meeting policy goals.
 - e. Enter the comprehensiveness and strength scores from the WellSAT assessment.

This institution is an equal opportunity provider.

3. **Release the Wisconsin Local Wellness Policy Report Card to the school community.** SFAs are required to provide documentation that the results of the triennial assessment were provided to the public as part of the administrative review of school nutrition programs. It is recommended you delete this instructional page prior to releasing the report.

Green Bay Area Public School District

Local Wellness Policy Report Card | 2019-20

A local wellness policy guides efforts to create a healthier school environment. Effective wellness policies support a culture of well-being by establishing healthful practices and procedures for students, staff, and families. Schools/districts participating in the federal Child Nutrition Programs are required to complete an assessment of their local wellness policy, at minimum, once every three years. This report summarizes policy objectives and details the results of the most recent evaluation. For questions regarding the results, contact {Name and Contact Information}.

Overall Rating:
2.8

Ratings are based on a four-point scale to measure success in meeting/ complying with each objective.

- 0 = objective not met/no activities completed
- 1 = objective partially met/some activities completed
- 2 = objective mostly met/multiple activities completed
- 3 = objective met/all activities completed

Nutrition Standards for All Foods in School	Rating
<i>Foods Sold to Student at School - The following nutrition standards and guidelines apply to foods and beverages offered for sale to students on a School Campus during the official School Day:</i>	
1. Reimbursable meals offered in any federally-subsidized school meal program shall meet the statutory and regulatory nutrition standards established for such meals.	3
2. Foods and beverages sold to students outside of the school meal programs shall meet at least the USDA's minimum nutrition standards for such items (also called the "smart snacks" or "competitive food" standards), including all permissible exemptions and exceptions that are identified in the regulations or otherwise expressly allowed by the USDA. These standards apply, for example, to a la carte options in cafeterias, vending machines that are accessible to students and items sold in school stores or on snack carts.	3
3. Both the federal standards and this Wellness Policy allow a building principal, or another administrative-level designee, to approve (to the extent authorized by the Department of Public Instruction) a limited number of exempt student organization fundraisers involving the sale of food or beverage items that do not meet any minimum nutrition standards. DPI currently allows up to two approved exempt fundraisers per student organization per school year, with each such fundraiser lasting no longer than two weeks. However, an approved exempt fundraiser may not take place in the food service area during any school meal period. In addition, an authorized exempt fundraiser must adhere to all other District policies and procedures related to fundraisers	3
4. Foods that, with appropriate District approval, are ordered and delivered at school or through a school-related activity, but that are not intended to be (and that due to packaging, preparation requirements, etc. cannot reasonably be) consumed on a School Campus (such as a frozen pizza fundraiser) are not subject to any specific nutrition standards or time or location restrictions regarding orders or deliveries under this local Wellness Policy.	3
<i>Other Food Available at Schools - The following standards and guidelines apply to foods and beverages that are offered or distributed (but not sold) to students on a School Campus during the official School Day:</i>	

<p>1. Beverages:</p> <p>a. Any beverages that do not meet the USDA Smart Snacks in School nutrition standards (or current applicable federal nutrition standards) should not be served or distributed to students during the School Day without first receiving documented permission from the building principal or designee.</p> <p>b. All schools must also be aware of and adhere to federal requirements regarding the availability of free drinking water for students</p>	3
<p>2. Classroom Celebrations, Receptions for Special Events, Special Occasions and Other School-Sponsored Meetings and Events:</p> <p>a. School Provided Food. Items of minimal nutritional value that do not meet the USDA Smart Snacks in School nutrition standards (or current applicable federal nutrition standards) may be served or distributed to students with approval by the building principal or his/her designee. Staff shall provide notice to parents prior to the serving or distribution of such food and permit students to bring for his/her own consumption one or more healthy alternatives in conjunction with any items of minimal nutritional value that may be offered.</p> <p>b. Parent Provided Food. Staff shall encourage parents and guardians to provide a healthy snack item to be offered in conjunction with any offering of minimal nutritional value.</p> <p>c. Dietary Accommodations. As needed and while maintaining an appropriate degree of confidentiality, staff will also make parents, guardians and students aware of restricted foods to be avoided as a means of accommodating any identified food allergies or similar dietary restriction within the relevant class or other student group.</p>	2
<p>3. Food Offered as Part of Curriculum: Whenever feasible, staff will make healthier alternatives to recipes in food that is made as part of a program's curriculum (e.g., Culinary Arts and Family Consumer Science Programs). The food produced may only be consumed by the students who participated in the assignment as part of the class, and may not be sold or given away to any other students.</p>	2
<p>4. Teacher-Initiated Rewards or Learning Incentives: Staff will be encouraged to use non-food items as student rewards or learning incentives. In the event staff members feel compelled to utilize food items as an incentive, items that meet the USDA Smart Snacks in Schools nutrition standards (or current applicable nutrition standards) should be considered first and foods of minimal nutritional value should be kept to a minimum</p>	3

Nutrition Promotion	Rating
1. Provide quality school meals with an emphasis on nutrient dense foods such as lean proteins, whole grains, low-fat dairy products and a variety of fruits and vegetables.	3
2. Offer access to healthy food and beverage choices during the School Day that meet the USDA standards and that may be marketed to students during the School Day	3
3. Promote fruits, vegetables, whole-grain products, low-fat and fat-free dairy products and healthy food preparation methods	3
4. Make available nutrition guidelines for all foods and beverages offered and/or available during the School Day	3
5. Emphasize caloric balance between food intake and energy expenditure (promote physical activity/exercise).	3
6. Market healthy foods creatively throughout the School Day.	2
7. Partner with community agencies to provide nutrition focused promotional materials to families.	3

Nutrition Education	Rating
1. Collaborate with school meal programs, cafeteria nutrition promotion activities, school gardens, community organizations and other school foods and nutrition-related community services	3

<p>2. Include in the health education and/or family and consumer science curriculum the following essential topics on healthy eating:</p> <ul style="list-style-type: none"> a. Nutritional guidelines; b. Reading and using food labels; c. Balancing food intake and physical activity; d. Safe food preparation, sanitation of equipment and storage of food; e. Social influences on healthy eating, including media, family, peers and culture; f. Accessing valid information or services related to nutrition and dietary behavior; g. Advocating for their own healthy dietary behavior; and h. Influencing, supporting or advocating for others' healthy dietary behavior 	3
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Physical Activity and Education	Rating
1. Provide opportunity for physical activity in a school's daily educational program for grades pre-kindergarten through grade 12.	2
2. Provide a curriculum framework for a comprehensive program of physical education across grade levels. Physical education shall be designed to build interest and proficiency in the skills, knowledge and attitudes essential to a lifelong physically active lifestyle that foster a positive atmosphere, encourage self-discipline, develop motor skills and promote activities that can be carried out over the course of students' lives.	3
3. Ensure that elementary schools provide supervised recess, preferably outdoors, during which schools should encourage moderate to vigorous physical activity through the provision of space and equipment	2
4. Offer extended learning and enrichment programs with embedded opportunities for daily periods of moderate to vigorous physical activity for all participants through the provision of space, equipment and activities such as: <ul style="list-style-type: none"> a. Physical activity programs; b. Intramural programs; and c. Interscholastic sports programs at the high schools and middle schools 	3

Other School-Based Wellness Activities	Rating
1. The District will develop, enhance and continue relationships with community partners in support of the implementation of the Wellness Policy. Existing and new community partnerships and sponsorships will be evaluated to ensure that they are consistent with the Wellness Policy and its goals.	3
2. The District will promote to parents/guardians, families and the general community the benefits of and approaches for healthy eating and physical activity throughout the school year. Families will be informed of and invited to participate in school-sponsored activities and will receive information about health promotion efforts	3

Policy Monitoring and Implementation	Rating
1. The District will convene a wellness committee that will include, when possible, school administrators, teachers (including physical education, health education, and family consumer science teachers), school food service staff, school health professionals (e.g., a registered nurse serving the schools), students, parents and guardians, School Board members, and other interested members of the community to participate in the development, implementation and periodic review and updating of	3

the District's Wellness Policy. The District will actively communicate ways in which representatives of the District's wellness committee and others can participate in the development, implementation and periodic review and updating of the Wellness Policy through a variety of means appropriate for the District	
2. At least once every three years, the District will evaluate compliance with the Wellness Policy including: <ul style="list-style-type: none"> a. The extent to which schools under the jurisdiction of the District are in compliance with the Wellness Policy; b. The extent to which the District's Wellness Policy compares to one or more model local school wellness policies/plans; c. A description of the progress made in attaining the goals of the District's Wellness Policy 	3
3. The District will actively inform families and the public each year of basic information about its Wellness Policy, including its content, any updates to the Wellness Policy, implementation status, the name and contact information of the chairperson of the District's wellness committee, as well as information on how the public can get involved with the District's wellness committee.	3

Comments regarding progress made towards obtaining policy goals:

{Insert a narrative description of your progress.}

WellSAT Score

Comprehensiveness Score:

{62.9}

Strength Score:

{31.4}

The Wellness School Assessment Tool (WellSAT) allows schools/districts to evaluate how their policy addresses 67 best practice policy items. WellSAT scores are calculated for comprehensiveness and strength. The comprehensiveness score reflects the extent to which recommended best practices are included in the policy. The strength score reflects how strongly the policy items are stated. Scores range from 0 to 100, with lower scores indicating less content and weaker language and higher scores indicating higher content and the use of specific and directive language.